



NCO'S CARING KITCHEN PROJECT

TEEN VOLUNTEER APPLICATION



Last Name		First Name		Middle Name		
Email address (please print neatly or type)						
Birthday (dd/mm/yyyy – must be 14-19 years old)				Telephone number		
Address: PO Box		Street Address		City	State	Zip Code

Current School: _____

Current grade level: _____

Favorite subject and why: _____

1) Why do you want to work at NCO's Caring Kitchen Project (check all that apply):

I like to cook

to learn to cook

to learn about healthy foods

to learn to garden

a friend or family member had cancer and would have been helped by getting healing meals from the Caring Kitchen Project

other: _____

2) Do you have previous experience gardening? (home, school, etc.) If so, describe:

3) What experience do you have cooking? (at home, in a restaurant, or wherever else) Please describe:

4) Do you have reliable transportation to get to the Caring Kitchen Project on days that you're scheduled to volunteer? If so, please describe:

5) Our funders are interested in the ethnicity and income status of teens at the Caring Kitchen Project. Please check any that apply.

- African American Caucasian Native American
 Asian/Pacific Islander Hispanic/Latino Other _____
 Myself/My Family receives CalFresh (EBT/food stamps)

6) Please indicate your availability below.

We want all teens to be involved with both the kitchen and the garden at the Caring Kitchen Project. If you are working weekly, you will be scheduled alternating with kitchen and garden shifts. The kitchen will be open Tues–Thurs, 1–6pm. Garden hours are Tues and Thurs from 2–5:30. We accommodate school schedules and teens arriving at different times in the afternoon. However, you must be able to work at least a 2.5–3 hour shift to volunteer at NCO's Caring Kitchen Project.

- Tuesday _____ (kitchen and garden day)
Wednesday _____ (kitchen day, no garden)
Thursday _____ (kitchen and garden day)
Away on Vacation/Out of Town _____ (dates you're NOT available)

7) Teen Contract with NCO's Caring Kitchen Project:

Please initial

_____ I understand that my participation in the Caring Kitchen Project is integral to accomplishing the work each week. I agree to fully participate in all aspects of the kitchen and garden work including chopping onions, mopping, washing dishes, cleaning greens, weeding, digging and all the various tasks that may be needed.

_____ As a Teen Volunteer at Caring Kitchen, I agree to participate fully in the Caring Kitchen culture which includes working as a team, being open and friendly and inclusive of others, and being fully present and positive on my shift.

_____ I agree to let Caring Kitchen Project know at least 48 hours ahead of time if I am not able to attend a scheduled shift.

_____ I understand that the third time I do not show up or provide at least 48 hours notice, I will not be allowed to participate in the program.

_____ I agree to keep confidential all information about Caring Kitchen Project's clients.

8) I hereby certify that, to the best of my knowledge, everything I have just written in this application is true.

Signature of Applicant (typed is OK if you send this by email)

Date

Please send to:



scan by email: tsheldon@ncoinc.org

or fax: 462-0191

in person or by snail mail:

Caring Kitchen Project of NCO

413 North State Street

Ukiah, CA 95482

